



Laundry Detergent - Non Toxic

This homemade, non-toxic laundry powder is not only effective but also cost effective and easy to make.

Ingredients

1 Bar of Dr. Bronner's Castile Soap or Fels Naptha grated (1.5 Cups) with a box grater or food processor
1.5 Cups of Baking Soda
1.5 Cups of Borax
1.5 Cups of Super Washing Soda
15 Drops of Essential Oil of Your Choice. I like to add a Cinnamon Stick or Sprigs of Rosemary or Mint

Place in a glass jar and label
Use 1/4 Cup for Small Load
Use 1/2 Cup for Large Load
Always use the extra rinse cycle for your washer
Always use warm water to be sure the detergent dissolves

Use Vinegar as a Fabric Softener and extra cleaning (fill your softener cup)
I use this for my HE Washer, you may need to adjust the amount

Use Wool Dryer Balls in the Dryer with a few drops of essential oils for added scents
If you worry about the soap and your washer, you can substitute Epsom Salts